

presents

Flute Fest 2024

First Presbyterian Church, Boise, Idaho
10:00 am – 8:00 pm
February 24, 2024

The **Capital City Flute Club** (CCFC) is a non-profit, 501C3 organization which strives to serve the performance and music education needs of the greater Boise and Idaho flute community. Active membership is open to flute students, teachers, professionals and hobbyists ages 12 and up.

CCFC BOARD MEMBERS

Board of Directors

Sunrise Ayers, Event Registration Chair

Margaret Conrad-Vice Chair

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Dr. Nicole Molumby, Ex Officio

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Linda Staum, Venue Chair

Director's Welcome

Dear Flute Friends!

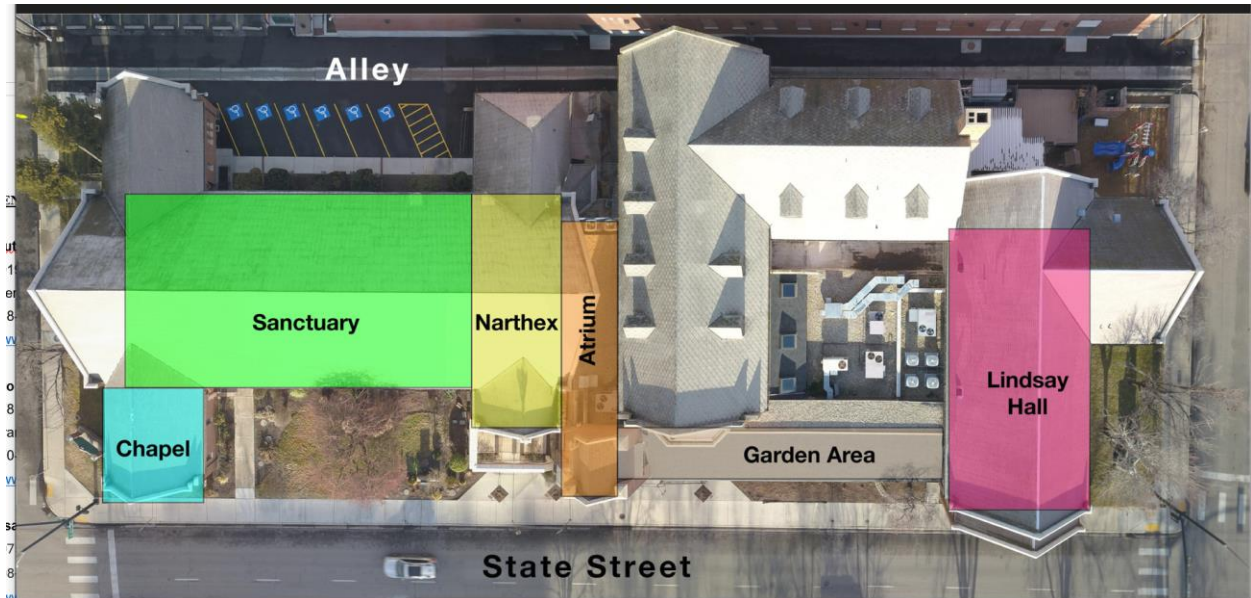
Welcome to our second annual major community flute event! Flute Fest 2024 will be a monumental flute event for the Idaho flute community.

We are so grateful to the Boise City Art and History department for the grant they awarded, which allowed us to host our guest artist for the day, Rhonda Larson. We are very grateful to the vendors who are participating today too. And most importantly, this would not be an event if it were not for the involvement of the many flutists at every level who make up this great flute community!

I hope that you have a wonderful day and experience at today's Flute Fest. Take notes, meet new friends, reconnect with old ones and Happy Fluting!

Best Always,
Glenda Fegers, CCFC Director

FIRST PRESBYTERIAN CHURCH LAYOUT



VENDORS

Flutacious

1919 Bonita Drive
Glendale, CA 91208
818-549-4177
www.flutacious.com

Carolyn Nussbaum Music Company

625 Digital Drive, #300
Plano, TX 75075
972-985-2665
www.flute4u.com

Dunkley Music

3410 N. Eagle Rd.
Meridian, ID 83646
208-342-5549
www.dunkleymusic.com

Lisa's Band Instrument Repairs

8075 Caswell St.
Boise, ID 83714
208-440-3464
www.boisebandinstrumentrepair.com

SCHEDULE OF EVENTS

Time	Event	Room
9:30 am-10:30 am	Registration	Atrium Entrance
12:00 pm-2:00 pm		
5:30 pm-6:30 pm		
10:00 am-6:00 pm	Vendor Exhibits	Atrium
10:00-10:15 am	Welcome	Sanctuary
10:30-11:15 am	Workshop: Expanding Musicianship through Extended Techniques, Amanda Barro	Lindsey Hall
11:15 am-12:15 pm	HS Solo Final Competition	Sanctuary
11:15 am-12:15 pm	Workshop: Exploring Ethnic Flutes, Rhonda Larson	Lindsey Hall
12:30-1:30 pm	Collegiate Solo Final Competition	Sanctuary
1:30-2:00 pm	Break, Visit the Vendors	Atrium
2:00-3:00 pm	Winds of the World Rhonda Larson	Sanctuary
3:15-4:15 pm	Master Class Rhonda Larson	Sanctuary
4:30-5:15 pm	Flute Choir Reading Session Glenda Fegers, Nicole Molumby	Lindsey Hall
5:15-6:00 pm	Dinner Break, Visit the Vendors	Garden Area
6:30-8:00 pm	Final Concert BSU Flute Choir Capital City Flute Orchestra Announcement of Competition Winners Full Group Flute Choir	Sanctuary

HS SOLO FINAL COMPETITION

11:15 am-12:15 pm

Sanctuary

PROGRAM

Finalists, in Performance Order

Summer Music, Games **Richard Rodney Bennett**
with Anna Bendorf, Piano

Fantaisie No. 3 **George Philip Telemann**
Adelyn Bendorf, Snake River Opportunities High School

Summer Music, Games **Richard Rodney Bennett**
with Jerry Jensen, Piano

Fantaisie No. 3 **George Philip Telemann**
Fionnuala Bott, Idaho Fine Arts Academy

Summer Music, Games **Richard Rodney Bennett**
with Jerry Jensen, Piano

Fantaisie No. 3 **George Philip Telemann**
Amulya Tanikella, Capital High School

HS Solo Finals Judges

Karlin Coolidge
Jennifer Rhees
Linda Staum

COLLEGIATE SOLO FINAL COMPETITION

12:30-1:30 pm

Sanctuary

PROGRAM

Finalists in Performance Order

Sonatina for Flute and Piano, Vivo
Danza de la Mariposa

Rachael Salit, Boise State University
Jerry Jensen, Piano

Blaz Pucihar
Valerie Coleman

Sonatina for Flute and Piano, Vivo
Danza de la Mariposa

Emily Kline, Boise State University
Jerry Jensen, Piano

Blaz Pucihar
Valerie Coleman

Sonatina for Flute and Piano, Vivo
Danza de la Mariposa

Natalie Warr, College of Idaho
Travis Horton, Piano

Blaz Pucihar
Valerie Coleman

Collegiate Solo Finals Judges

Rhonda Larson
Karlin Coolidge
Jennifer Rhees

WORKSHOP DESCRIPTIONS

Expanding Musicianship Through Extended Techniques!

10:30-11:15 am

Lindsey Hall

Pop, Sizzle, Sing, Flutter, and more! Join us for an interactive class on creating extended technique sounds that assist us in exploring fun ways to expand our musicianship! We will learn the basics of creating the sounds for a variety of extended techniques, take a look at the musical notation used to indicate the usage of these in pieces, and incorporate them in simple musical examples to keep you exploring these at home and in your ensembles!

Amanda Barro, presenter

Exploring Ethnic Flutes

11:15 am-12:15 pm

Lindsey Hall

“Exploring Ethnic Flutes” is a presentation of many flutes from around the world, from the culture they come from to their different sounds. Please bring ANY ethnic/alternative flute that you have to share with the class, even if you haven’t played it before.

Rhonda Larson, presenter

WINDS OF THE WORLD

Rhonda Larson

**2:00 – 3:00 pm
Sanctuary**

Rhonda Larson performs an intimate and multi-faceted “solo” flute show entitled, “Winds of the World”, with her ‘Virtual Band’. She takes the listener on a journey around the world with an assortment of ethnic flutes and her Gold flute, woven together by her stories. Among the variety of flutes are Indian bansuri, crystal flutes, Pan Pipes, Native American flutes, Celtic whistles, and more. Her Virtual Band includes piano, acoustic guitar, harp, strings, accordion, synth, bass and percussion in a variety of ensemble configurations, while others are Larson’s adventurous writing for flute alone. Her music merges the most soulful elements of sacred, classical, folk, Celtic and ethnic music. The program consists chiefly of Ms. Larson’s original compositions, and is accessible to audiences of all ages and genre preferences. Rhonda will announce her program selections from the stage.

MASTER CLASS

With Rhonda Larson

3:15 – 4:15 pm

Sanctuary

PROGRAM

Andante Pastoral et Scherzettino

Paul Taffanel

Kenna Patterson, flute

Jerry Jensen, piano

Poem

Charles Griffes

Rachael Salit, flute

Jerry Jensen, piano

Homeland

Allison Loggins-Hull

Mackenzie Farrell, flute

FLUTE CHOIR READING SESSION

4:30-5:15 pm

Lindsey Hall

Led by Glenda Fegers and Dr. Nicole Molumby

Bring your instrument(s), grab a folder and let's have fun reading through some great music! No judgment allowed, just sheer flute choir fun.

We will also rehearse the Full Group Flute Choir piece which we will perform together in the final concert.

FINAL CONCERT

**6:30 pm
Sanctuary**

**Boise State University Flute Choir
Dr. Nicole Molumby, Director**

Frequency

Herman Beeftink

Breaking Glass

Nicole Chamberlain

Personnel

Trey Bledsoe
Mackenzie Farrell
Yui Fukaya
Emily Kline

Kenna Patterson
Rachael Salit
Jacob Scott
Kerri Villamor

**Capital City Flute Orchestra
Glenda Fegers, Director**

Radetzky March

Johann Strauss, Sr.
Arr. by Shaul Ben-Meir

Serenade

Antonin Dvorak
Arr. by Trudy Kane

Appalachian Suite

Kelly Via

- I. Wayfaring Stranger**
- II. The Bridle and Saddle**
- III. Come All Ye Fair and Tender Maidens**
- IV. Fiddle Tunes**

Overture to Candide

Leonard Bernstein
Arr. by M. Orriss

Capital City Flute Orchestra Personnel

Piccolo

Rachaelle Grimsrud

C Flute

Sunrise Ayers

Mackenzie Farrell

Rachaelle Grimsrud

Kristine Hays

Jodi Nelson

Ellen Ochoa

Sharon Oster

Dawn Schuldenfrei

Linda Staum

Sally Uthoff

Annie Van Voast

Amy Williams

Katie Wisdom

Melissa Ziegler

Alto Flute

Mel Koob

Louella Lewandowski

Linda Staum

Dorothy Van Egmond

Bass Flute

Don Anderson

Rachaelle Grimsrud

Alice Mullins

Contra Bass Flute

Alice Mullins

Michelle Smith

Bass Clarinet

Paul Darcy

Announcement of Solo Competition Winners

Somewhere Over the Rainbow

Howard Arlen

Arr. By Gareth McLearnon

Performed by ALL Flute Fest Attendees

Flute Fest Contributors



Amanda Barro

Amanda Barro is an engaging clinician, pedagogue, and performer throughout the Treasure Valley area of Idaho. Amanda's private flute studio is very active participating in weekly lessons, recitals, guest artist masterclasses, community performances, chamber ensembles, competitions, and community ensembles. Many studio members have continued their musical education and experiences at the collegiate level. Amanda Barro received her M.M. from Boise State University with Dr. Nicole Molumby and her B.M. from the University of Northern Iowa with Dr. Angeleita S. Floyd. Other influential instructors have included Dr. Claudia Anderson and Anne Stein.



Karlin Coolidge

AA Boise Junior College

BA University of Washington

MM University of Oregon

Private study with renown flutist, William Kincaid

Credentialed to teach public school in Washington, Pennsylvania, Oregon and California

University teaching positions at University of Oregon, Cal State San Bernardino, UC Riverside University of Redlands, Loma Linda University and Cal Baptist University.

Performance includes many orchestras as principal flute and soloist, and chamber music in the above states as well as the Boise Philharmonic, Boise Baroque Orchestra, Treasure Valley Concert Band and Table Rock Trio.

Private instruction in Idaho, Pennsylvania, Oregon, California and Kansas.



Glenda Fegers is a native of South Florida who moved to Boise in April of 2021. She has a Bachelor of Music degree in Instrumental Education, has been a very active freelance flutist for over 30 years and was a music educator for 17 years. She had very successful middle and high school band programs in South Carolina and Florida, served as a state level band adjudicator in Florida for high school and middle school solos and ensembles, concert bands, marching bands and sightreading festivals and competitions. Her flute performance resume includes Principal Flute positions with Charlotte Civic Orchestra, Charlotte, NC, 1985-1987, Maitland Symphony Orchestra, Orlando, FL, 2017-2020. She held Flute, Piccolo and Sub positions with the Florida Philharmonic Orchestra, the Miami City Ballet Orchestra, Gold Coast Opera Orchestra, Coral Ridge Orchestra, Coral Springs Pops Orchestra, North Miami Beach Pops Orchestra, in the greater South Florida area between 1985-2016. She previously served as director of Flute

Fantasia of South Florida, Canyon County Symphony Flute Orchestra and worked alongside Shaul Ben-Meir to found what has become the South Florida Flute Orchestra. Glenda is proudest of getting to be mom to two handsome and charming sons who live and work in Orlando, FL and Arlington, VA, respectively.



Dr. Nicole Molumby is Professor of flute at Boise State University, Music Department. Internationally, she has performed in Skofia Loka Slovenia, Trondheim Norway, Eisenstadt Austria, and Split Croatia. She has received several grants from Idaho Commission on the Arts and Alexa Rose Foundation for her contributions and performances of flute music by Slovenian Composers Blaž Pucihar and Črt Sojar Voglar. Her CD “Awakening”: 21st Century Slovenian Flute Music was released on MSR Classical Records in 2013.

Molumby is a frequent adjudicator at regional solo festivals and flute competitions throughout the PNW; Seattle Young Artists Music Festival & Horsfall Flute Competition, MTNA Regional Woodwind Competition, Idaho & Oregon Music Educators Association, and Montana Flute Society, Mid-South Flute Festival, and National Flute Association.

Raised in Iowa, she received her Bachelor’s of Music Education from the University of Northern Iowa with Dr. Angeleita S. Floyd in 1997. As a Rotary Ambassadorial Scholar she attended the Royal Northern College of Music in Manchester, England to study with former principal flute of the London Symphony Orchestra, Peter Lloyd and received her Master’s degree in 2000. A year before moving to Idaho in 2005, she received her doctorate from The Ohio State University with Katherine Jones. In Summer 2023, she performed in the Baltics at the College Music Society International Convention and teaching flute in northern Gdansk, Poland with Norwegian flutist Jørn Eivind Schau. In February 2024, she is returning to Poland to perform at the Pois International Flute Festival in Poznan, Poland.



Jennifer Rhees is native to the state of Idaho and attended Boise State University, where she received a Bachelor of Music degree. While attending BSU, Jennifer was the recipient of the Presser Foundation Scholarship, winner of the BSU Concerto/Aria Competition and selected to perform in the university Chair’s Honor Recital. Upon graduating from Boise State, Jennifer was awarded a full graduate assistantship to Baylor University, where she received a Master of Music degree. While attending Baylor, Jennifer performed with the Waco Symphony Orchestra, University Wind Ensemble and Symphony Orchestra, as well as numerous chamber ensembles. Jennifer has been a guest soloist with the Boise State University Symphonic Winds as well as a featured soloist with the Treasure Valley Concert Band and the Meridian Symphony Orchestra. Jennifer’s primary teachers include Sara Williams and Helen Ann Shanley. Jennifer currently resides in Boise and performs with the Meridian Symphony and Treasure Valley Concert Band.



Linda Staum received a BM in Flute Performance in 2012 from BSU. Principal teachers were Janet Ferguson and Dr. Nicole Molumby. Linda is teaching privately in Idaho. She is currently serving on the boards for the Boise Chamber Music Series, Capital City Flute Club, and the Boise Jazz Society.

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CONCERT ETIQUETTE

Performers prepare and practice for many hours to present music worthy of your time and attention so they deserve your courtesy and good manners. For the concert experience to enrich both performer and listener, PLEASE observe concert etiquette:

- NO TEXTING DURING PERFORMANCES
 - Turn cell phones and electronic devices OFF
 - Enter or exit only during applause
 - Applaud at appropriate times
 - Audio or video recording is allowed only with the performer's written permission
 - Photo opportunities will be allowed after the performance
 - Remove fidgety children
 - BE SILENT AND LISTEN
 - ENJOY your concert experience by being an enlightened and informed audience
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TODAY'S GUEST ARTIST

Rhonda Larson is appearing in part due to a generous grant by Boise City Art & History Department.



Rhonda Larson is a Grammy Award-winning player of the flute, born and raised in the mountains of Montana. This Big Sky Country in the Wild West helped form her into a nature-loving, free spirited trail blazing artist. She entered the national music scene by winning first prize in the National Flute Association's Young Artist Competition at the age of 22, including a Carnegie Hall debut. Shortly thereafter, Rhonda was invited to join forces with the Paul Winter Consort, initiating her journey into a rich palette of music gleaned from around the world.

Composing much of her own music, Larson's visionary force showcases her gold flute and an array of ethnic flutes in a new and refreshing light. Rhonda has also expanded the sonic capabilities of her instrument with entirely new techniques, most notably her inventive flute-and-voice unison, performed simultaneously.

Rhonda's latest CD release, *Live from China*, features her band Ventus from a recent twenty-five city tour throughout China. Most of the selections are Larson's original World Fusion compositions, including arrangements of traditional Celtic, Armenian, Romanian, and Chinese melodies. The recording offers a bonus track of Rhonda's new solo, *Metamorphosis*, which took her four years to write due to its inherent complexities and inventive techniques she has developed further. "No piece has ever taken this long to complete, but I really have no other choice than to humbly allow the time it takes for the music to evolve, and IT lets me know when it is ready to be offered. The title speaks to its musical journey, but also as a metaphor to my own development on both a sacred and technical level. My first priority is to artistic authenticity, hoping to better serve the odds of lifting people's hearts—THAT is why I am a musician."

Rhonda tours world-wide, and has a discography of over 20 commercial recordings, including two other solo recordings, *Distant Mirrors*, and *Free as a Bird*. As a sought-after teacher, she conducts masterclasses at universities, flute organizations, community outreach events, and individual instruction. She owns and operates her publishing company, *Wood Nymph Music*, producing her sheet music from graphic design to distribution.

Ms. Larson performed on a live CBS finale episode of "Survivor" from Madison Square Garden's, seen by over 40 million viewers, and is featured in "Flute Stories—101 Inspirational Stories from the World's Best Flute Players" publication. She is a former Board member of the National Flute Association, and currently serves as a member of the World Flute Society Board of Directors.

Rhonda and her husband Dr. Lee J. deLisle live in Connecticut, and part-time at their home in the medieval village of Rocantica, Italy. When not playing the flute, Rhonda can be found outdoors.



Please join us in thanking the vendor sponsors of today's event!



